

**Tackling Gram-negative Resistance During the Pandemic Era** Going Above and Beyond Through Collaborative Care

VAME Independent He Jointly provided by Center for nt Healthcare d by an educationa m Merck & Co. Inc.

### ACTIVITY DESCRIPTION

### **Target Audience**

This continuing pharmacy education activity meets the needs of pharmacists in a variety of practice settings, including large and small healthcare systems, outpatient clinics, managed care organizations. long-term care facilities, and academia. This program targets pharmacists who are at the forefront of caring for patients with serious bacterial infections.

### Learning Objectives

- Upon completing this activity, participants will be able to: Explain the impact of local epidemiological trends and resistance mechanisms of Gram-negative bacteria on initial antimicrobial selection
- Evaluate the potential role of newer and novel antimicrobial agents in targeting antimicrobial-resistant Gram-negative pathogens Apply antimicrobial stewardship strategies to improve appropriate use of antimicrobials
- Utilize collaborative care model to improve patient outcomes during the pandemic era

### FACULTY

### James S. Lewis II, PharmD, FIDSA ID Pharmacy Supervisor and Associate Professor Oregon Health and Science University Departments of Pharmacy and Infectious Diseases Portland, OR

James S. Lewis, PharmD has relevant financial relationships with ineligible companies to disclose Consultant: Merck & Co., Selux Diagnostics, Cidara

Dr. Lewis intends to discuss the off-label use of the following: Uses of FDA approved antibacterials for infections due to resistant organisms that may not be within the current FDA list of indications.

No (other) speakers, authors, planners or content reviewers have any relevant financial relationships to disclose. Content review confirmed that the content was developed in a fair, balanced manner free from commercial bias. Disclosure of a relationship is not intended to suggest or condone commercial bias in any presentation, but it is made to provide participants with information that might be of potential importance to their evaluation of a presentation.

### What do the HAP/VAP Guidelines Say? -**Microbiology & Stewardship**

1. We recommend that all hospitals regularly generate and disseminate a local antibiogram, ideally one that is specific to their intensive care population(s) if possible.

Kalil AC. et al. Clin Infect Dis. 2016:63:575-82

### What Your Antibiogram Does (and Doesn't) Tell You

- · Empiric therapy
- · Hospital-wide data
- · First isolate per patient per year
- · The importance of unit-specific data
- · The importance of site-specific data

### Ways to Think About Your Antibiogram -The New CLSI M39 - Coming Soon!

- · Tips and tricks for antibiogram preparation
- Combining results from rapid diagnostics and resistance marker testing with the antibiogram
- Antibiograms for multiple facilities & long-term care facilities
- How stewardship programs can use antibiogram data
- "^" with intermediate breakpoints & agents that concentrate in the urine

### ... And Much More!!

LSI. M39. Available at: https://clsi.org/sta

### Things to Think About With Your Antibiogram: Are Blood Isolates a Good Proxy for Other Infections?

- Short answer NO!
- · Resistance among respiratory isolates is more common
- Particularly in ICU patients
- Especially true for *P. aeruginosa* (PA) and *S. pneumoniae* (SP)
- Enterobacterales: a difference still exists but less than for PA and SP

Horner C, et al. J Antimicrob Chemother. 2021;76:1822-31.

CDC: Drug-Resistant Gram-Negative Bacterial Infection Threats		
		Urgent and Serious
	Urgent	Carbapenem-resistant Enterobacteriaceae (CRE) Carbapenem-resistant <i>Acinetobacter</i>
	Serious	ESBL-producing Enterobacteriaceae Multidrug-resistant <i>Pseudomonas aeruginosa</i>
CDC. Antibio ar-threats-rep	tic Resistance Threats in the port-508.pdf	united States, 2019. Available at: <u>https://www.cdc.gov/drugresistance/pdfithreats-report/2019-</u>













Burrell K, et al. Infect Control Hosp Epidemiol. 2020;46(S1):s320-21. DOI: https://doi.org/10.1017/ice.2020.917.





	MIC <sub>90</sub> , mg/L	% Susceptible
Aztreonam	>16	66.5
Cefepime	16	83.8
Ceftazidime	32	82.0
Ciprofloxacin	>4	73.9
Meropenem	8	76.3
Piperacillin-tazobactam	>64	77.1











Gram-neg	allve Organi	ive organisms in Recent Triais			
	REPROVE <sup>1</sup> (n = 264)	ASPECT-NP <sup>2</sup> (n = 499)	RESTORE-IMI 2 <sup>3</sup> (n = 364)		
P. aeruginosa	77 (29%)	128 (26%)	85 (23%)		
Enterobacterales	197 (75%)	380 (76%)	212 (58%)		
K. pneumoniae	86 (33%)	177 (35%)	111 (30%)		
E. coli	29 (11%)	93 (19%)	67 (18%)		
E. cloacae	32 (12%)	33 (7%)	27 (7%)		
P. mirabilis	19 (7%)	44 (9%)	NR		
S. marcescens	20 (7%)	30 (6%)	17 (5%)		
E. aerogenes	11 (4%)	NR	NR		
K. oxytoca	NR	26 (5%)	NR		
H. influenzae	24 (9%)	38 (8%)	26 (7%)		
A. baumannii	NR	38 (8%)	69 (19%)		



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### Availability of Susceptibility Testing

Antimizzahial	Disk	Gradient Diffusion		Other	
Antimicrobiai	Diffusion	Liofilchem	E-Test	Sensititre Tray	Automated Systems
Ceftazidime- avibactam	Yes	Yes	Yes	Yes	Microscan Vitek-2
Ceftolozane- tazobactam	Yes	Yes	Yes	Yes	Microscan Vitek-2
Eravacycline	Yes	Yes	Yes	Yes	No
Meropenem- vaborbactam	Yes	Yes	Yes	Yes	BD Phoenix
Omadacycline	Yes	Yes	No	Yes	No
Plazomicin	Yes	Yes	Yes	Yes	No
Imipenem- Relebactam	Yes	Yes	Yes	Yes	No
Cefiderocol	Yes	Yes	No	Yes	No

### What do the Guidelines Say?

Values and preferences: These recommendations place a high value on targeting the specific pathogens associated with VAP as narrowly as possible to assure adequate treatment while minimizing overtreatment and its undesirable consequences.

Kalil AC, et al. Clin Infect Dis. 2016;63:575-82.

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Stewardship & Empiric Antibiotic Selection		
Tab	e 2. Risk Factors for Multidrug-Resistant Pathogens	
Ris	k factors for MDR VAP	
	Prior intravenous antibiotic use within 90d	
	Septic shock at time of VAP	
	ARDS preceding VAP	
	Five or more days of hospitalization prior to the occurrence of VAP	
	Acute renal replacement therapy prior to VAP onset	
Ris	k factors for MDR HAP	
	Prior intravenous antibiotic use within 90d	
Ris	k factors for MRSA HAP/VAP	
	Prior intravenous antibiotic use within 90d	
Ris	k factors for MDR Pseudomonas VAP/HAP	
	Prior intravenous antibiotic use within 90d	

 Empiric Treatment Options for Clinically Suspected VAP Where Empiric MRSA Coverage & Double Antipseudomonal/Gram-Negative Coverage Are Appropriate

 Gram-positive MRSA Antibiotic
 Gram-negative Antibiotic With Antipseudomonal Activity: B-Lactam-Based Agents
 Gram-negative Antibiotic With Antipseudomonal Activity: Non-β-Lactam-Based Agents

 Vancomycin 15mg/kg IV q8-12h
 Piperacillin-tazobactam 4.5g IV Q6h
 Ciprofloxacin 400mg IV Q8h

 Levofloxacin 750mg IV Q24h
 OR
 OR
 OR

zolid 600mg IV Q12h	Cefepime 2g IV Q8h	Amikacin 15-20mg/kg IV q24h
	Ceftazidime 2g IV Q8h	Gentamicin 5-7mg/kg IV Q24h
		Tobramycin 5-7mg/kg IV Q24h
	OR	OR
	Imipenem 500mg IV q6h	Colistin 2.5mg IV Q12h (after load)
	Meropenem 1g IV q8h	Polymyxin B 1.25-1.5mg/kg IVQ12h
at al. Olin Infant Dia 2040-02-575 82		

# RESEARCH Open Access Intrapulmonary concentrations of meropenem administered by continuous infusion in critically ill patients with nosocomial pneumonia: a randomized pharmacokinetic trial Image: Constraint of the second s

meropenem at 2 g Q8h is required Benitez-Cano A, et al. Crit Care. 2020;24:55.

## What's Missing, What's New, & What's an Option?

- Ceftolozane-Tazobactam: FDA-approved pneumonia indication
- Ceftazidime-Avibactam: FDA-approved pneumonia indication
- Meropenem-Vaborbactam: Not active for Mero-R P. aeruginosa
- Imipenem-Relebactam FDA-approved pneumonia indication
- Cefiderocol FDA-approved pneumonia indication

### What's Missing, What's New, & What's an Option?

- Plazomicin:
  - Variable P. aeruginosa activity
  - <<p>potent than tobramycin
  - Issues with aminoglycosides in pneumonia
- Eravacycline:
  - No P. aeruginosa activity, no pneumonia data
  - MDR Acinetobacter spp.?
  - Metallo-beta-lactamase stability
- Delafloxacin:
- No advantage over levofloxacin or ciprofloxacin for P. aeruginosa
- Comparable to levofloxacin and ciprofloxacin for other GNRs

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### New CLSI Colistin/Polymyxin B Comments

- Clinical and PK/PD data suggest that this agent is of limited clinical efficacy, even if a susceptible result is obtained.
- If available, alternative non-polymyxin agents are strongly preferred. If these
  agents are not available, this breakpoint presumes use of colistin in
  combination with one or more additional, active antimicrobials.
- Colistin (methanesulfonate) should be given with a loading dose and maximum renally-adjusted doses.
- Polymyxin B should be given with a loading dose and maximum recommended doses.
- · When given intravenously, this drug is unlikely to be effective for pneumonia.

CLSI M100 30<sup>th</sup> ed. 2020. Satlin MJ, et al. *Clin Infect Dis.* 2020;ciaa121. doi: 10.1093/cid/ciaa121.

# What Do We Know About the Newer Agents in HAP/VAP?

- · Ceftazidime-avibactam: FDA-approved indication
- Ceftolozane-tazobactam: FDA-approved indication
   3 g (HABP/VABP) vs. 1.5 g (cIAI/cUTI)
- Imipenem-Relebactam: FDA-approved indication
- Cefiderocol: FDA-approved indication
- · In vitro vs clinical and struggles in HAP/VAP with new agents







Cross-suscep vs MI	tibility of ceftolozar DR <i>P. aeruginosa</i> fro	e-tazobactam and m ICU & non-ICU	d imipenem-releba wards (n=442)	ictam
			Imipenem- Relebactam	
		Susceptible	Intermediate	Resistant
Ceftolozane-Tazobactam	Susceptible	297 (67.2%)	37 (8.4%)	24 (5.4%)
	Intermediate	31 (7.0%)	6 (1.4%)	7 (1.6%)
	Resistant	21 (4.8%)	7 (1.6%)	12 (2.7%)

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### **COVID-19 and VAP: Is it Different?**

- · 568 COVID-19 patients: 50.5% with VAP or VAT
- Higher rate than seen with influenza or non-viral pneumonia
- Diagnostic issues due to healthcare worker protection
- Other issues due to ICU crowding
  - Commonly-seen issues in COVID patients placing them at higher risk
  - Prolonged mechanical ventilation
  - Prolonged sedation
  - Immune impairment
  - More frequent proning required
  - Higher risk of pulmonary infarction

Wicky PH, et al. Crit Care. 2021;25:153.

### COVID-19: Bacterial Superinfection with Mechanical Ventilation

- 386 BAL samples from 179 COVID-19 patients requiring MV
- Within 48 hours of MV, bacterial superinfection detected in 21% of patients
  - 72 patients (44.4%) had ≥1 VAP episode
  - 15 cases of initial VAP caused by difficult-to-treat bacteria

Pickens CO, et al. Am J Resp Crit Care Med. 2021;doi: 10.1164/rccm.202106-1354OC [Online ahead of print].



### 2020 IDSA Guidance on Treatment of Antimicrobial-Resistant Gram-negative Infections

**Goal:** Assist clinicians in the selection of antibiotic therapy for infections caused by ESBL-Enterobacterales, CRE, and difficult-to-treat (DTR)\* *P. aeruginosa* 

- Pathogens selected as they are:
- · Designated urgent or serious threats by CDC
- · Encountered in hospitals of all sizes
- · Cause a wide range of serious infections that carry significant morbidity and mortality

10TR defined as non-susceptibility to piperacillin-tazobactam, ceftazidime, cefepime, aztreonam, meropenem, imipenem-cili ciproflozacin, and levoflozacin IDSA. IDSA Guidance on the Treatment of Antimicrobial Resistant Gram-negative Infections, Sept. 8, 2020. Available at: https://www.idsceivy.org/practice-quidelineatmr\_guidance/.

IDS	IDSA Guidance: ESBLs and DTR P. aeruginosa (Non-Urinary Tract Infections)			
	Pathogen	Preferred Therapy		
	ESBL Enterobacterales <sup>a</sup>	Meropenem Imipenem-cilastatin Ertapenem		
	DTR <i>P. aeruginosa<sup>b</sup></i>	Ceftolozane-tazobactam Ceftazidime-avibactam Imipenem-cilastatin-relebactam Alternative: cefiderocol		
DTR, difficult-	*For ESBL Enterobacterales infections, pip avoided, even if susceptibility to these age "For DTR * <i>aeruginosa</i> infections, combin susceptibility to a preferred agent is confirm to-treat	racillin-tazobactam and cefepime should be ts has been demonstrated tion therapy is not routinely recommended if in vitro ned		
IDSA. IDSA G Available at:	uidance on the Treatment of Antimicrobial Resis https://www.idsociety.org/practice-guideline/amr-	tant Gram-negative Infections, Sept. 8, 2020. guidance/.		

CRE Phenotype/Genotype	Preferred Therapy	
Ertapenem resistant, Meropenem susceptible*	Meropenem (extended infusion)	
Ertapenem and meropenem resistant*	Ceftazidime-avibactam Meropenem-vaborbactam Imipenem-cilastatin-relebactam	
KPC identified (or carbapenemase positive but identity unknown)	Ceftazidime-avibactam Meropenem-vaborbactam Imipenem-cilastatin-relebactam	
Metallo-beta-lactamase carbapenemase identified	Ceftazidime-avibactam + Aztreonam Cefiderocol	
OXA-48-like carbapenemase identified	Ceftazidime-avibactam	
Note: For CRE infections, polymyxin B and colistin should an aminoalycoside. fluoroguinolone, or polymyxin) is not r	be avoided; combination therapy (i.e., a beta-lactam plus outinely recommended.	

### Conclusions

- Knowing the susceptibility of the organisms you're likely to encounter in HABP/VABP is critical
- Resistance is more common in ICU settings/patients
- · Susceptibility testing of newer agents can be challenging
- Colistin/Polymyxin B need to largely disappear from clinical use
- There are very important differences between new agents both
   in available clinical data and in vitro activity

### Patient Case Scenario #1

- A 59-year-old woman is admitted to a community hospital in rural Washington state for an emergent appendectomy.
- Upon entry into the abdominal cavity, it is found that the appendix has ruptured.
- During irrigation there is also concern for an intestinal perforation and the patient is subsequently admitted to the ICU requiring prolonged sedation and prolonged intubation post operatively.
- She has no known recent antibiotic exposure and she is started on piperacillin-tazobactam.

### Patient Case Scenario #1 (cont'd)

- On post-op and pip-tazo day 4, she develops fever, purulent sputum, and increased WBC to 30k/mm<sup>3</sup>.
- Chest X-ray identifies a new pulmonary infiltrate in the right lower lobe and an ET tube aspirated sputum reveals high numbers of a neutrophils and Gram-negative rods.
- Multidrug-resistance among Gram-negative pathogens is less than 10% in the institution per the antibiogram.
- The hospital data shows that approximately 16% of Enterobacterales produce ESBLs and carbapenem resistance within *P. aeruginosa* is seen in 20% of isolates.
- No carbapenemase-producing organisms have been previously identified in this hospital.

### Patient Case Scenario #1: Discussion Question

Culture and susceptibility results will be available in 48–72 hours. Which of the following would be the most appropriate initial antimicrobial agent?

A. Cefepime + metronidazole

- B. Meropenem
- C. Ceftolozane-tazobactam
- D. Cefiderocol

### Patient Case Scenario #2

- Consider a similar scenario now set in a hospital in Chicago where the rate of carbapenem resistance among Enterobacterales is 17%.
- The patient has been in the ICU for the past 17 days after being admitted for severe COVID-19.
- There has been a recent outbreak of NDM-producing *E. cloacae* in the surgical ICU on the same floor.
- Though the hospital has rapid diagnostics available, the clinical microbiology lab utilizes rapid molecular diagnostics for blood culture isolates and uses MALDI-TOF for bacterial identification.
  - Relies on a traditional automated AST system for susceptibility results.

### Patient Case Scenario #2: Discussion Question

Which of the following would be the most appropriate initial antimicrobial agent?

- A. Piperacillin-tazobactam
- B. Imipenem-cilastatin
- C. Ceftazidime-avibactam
- D. Cefiderocol